

MAKE A QUALITY DECISION

TODAY WE'RE GOING TO TALK ABOUT **MAKING QUALITY DECISION** IN LIFE TO OVERCOME.

EVERYTHING IN LIFE STARTS WITH DECISIONS.

Our everyday life is made up of decisions.
Think about this....

Since we wake up in the morning, we are faced with making decisions.

- Whether you're gonna brush your teeth...
- What shirt you wear....
- What time you turn up today....
- What you eat for lunch....
- Where you are now.....
- Is a decision.

But those are only small decisions.
Let's take it to a whole new level.

- Who you marry.....
- What you do for life.....
- Where you live.....
- The state of your happiness.....
- It all starts with decision

Whether you have good quality or poor quality life..... It starts with the decision you make today and everyday.

POOR QUALITY LIFE STARTS WITH POOR DECISIONS.

GOOD QUALITY LIFE STARTS WITH QUALITY DECISIONS.

YOUR LIFE IS A RESULT OF THE DECISIONS YOU MAKE.

IF YOU DON'T LIKE YOUR LIFE, IT IS TIME TO START MAKING BETTER DECISIONS.

If you don't like your body.... Start exercising, start healthier eating and lifestyle.

If you want your dream house.... Start saving for it!

If you want your promotion..... Stop coming to work late and giving bare minimum in all you do! Be reliable and Start doing things with excellence.

TODAY WE'RE GOING TO LEARN ABOUT **MAKING QUALITY DECISION**,
BECAUSE WE BELIEVE BY IMPROVING OUR DECISION-MAKING PROCESS, WE WILL IMPROVE
THE QUALITY OF OUR LIFE AS OUR DECISIONS WILL DEFINE OUR DESTINY.

God has already given inside you and me.....

- The power to **OVERCOME THE WORLD!**

- The power to **LIVE IN VICTORY!**
- The power to **DO EXTRAORDINARY THINGS!**

Through this substance called **FAITH**

1 JOHN 5:4

For everyone **who has been born of God** overcomes the world.
And this is the victory that has overcome the world—**our faith.**

BUT IN ORDER FOR US TO OVERCOME ANYTHING IN LIFE...

There are few practical steps that we need to take to moving from any problem — whether it's sickness, debt, lack, family issue or anything else — to the solution.

HERE ARE THE FEW STEPS FOR US TO OVERCOME ANY CIRCUMSTANCES WE FACE.

Step 1:

1) IDENTIFY THE PROBLEM

Before you do anything.... we must clearly define and understand the nature of the problem you're facing.

Is it SPIRITUAL? HABITUAL? EMOTIONAL?

Whatever it is, the first step of conquering it **TO IDENTIFY THE PROBLEM.**

That may seem to be a pretty obvious place to start.....but you'd be surprised how many people try to search for solution to a problem they haven't really pinpointed --- *WHAT IS THE ROOT OF THE PROBLEM?*

Yes for some Christians... You will notice when you start getting serious about getting God's Word into your heart and mind is an INCREASE IN PROBLEMS.

Don't be surprised - when we get into the Word of God, the problems are not going to stop, in most instance it is going to get worse.

What the Word of God gives you is the POWER to overcome any problem.

We learnt that we're going to have Troubles in life.

And sometimes those trouble and persecution are being sent by the enemy

- To rob us away from the Word of God,
- To rob us off from the victory that we would have when we get rooted in God!

But can I encourage you that there is good news behind it.

THE ENEMY ALWAYS FIGHTS THE HARDEST WHEN HE KNOWS GOD HAS SOMETHING GREAT IN STORE FOR YOU.

But again.....problems can also come another way..... they can be **SELF-INFLICTED.**

1 Peter 2:20

Of course, you get no credit for being patient if you are beaten for doing wrong. But if you suffer for doing good and endure it patiently, God is pleased with you.

1 Peter 4:15

If you suffer, however, it must not be for murder, stealing, making trouble, or prying into other people's affairs.

This verse show us that the problems we face may NOT (ALWAYS) be an attack of the enemy,

- It might be caused by **OUR OWN ACTION**.
- They could be **Outcome of BAD DECISION MAKINGS**.

TAKE TIME TO EVALUATE THE CURRENT TROUBLE IN OUR LIFE....

Is this the result of **SIN** or a **PAST MISTAKE**?

- If yes and it is in the past.... simply **REPENT**.

Is it the result of **our own POOR Decisions**?

- We need to IDENTIFY THE PROBLEM
- LOOK INTO THE ROOTS --- WHAT REALLY CAUSED IT.
- HABITUAL / EMOTIONAL / FINANCIAL?

- Some people are really impulsive.
- But they say "How come I cannot get on top of my finances? How come I cannot save"
- But not realising its because they have impulsive habits in their life.

- Some relationships, marriages are always in trouble - fights and issues.
- It can be lack of self-control when someone control their anger.
- It can be porn issue that the husband has not dealt with, that brought strife into the relationship.

- Some people are allowing their Emotional hurts drag their life along.
- Their life is heavily dictated by their feelings.
- Their day is driven by their mood.
- Or they have been hurt before --- but they can't shake it off and move on.
- You know it's wrong but you don't have the strength to fight it.
- So instead they've been carrying an open wound instead of a scar, they live always being defensive, bitter and negative.

Once you've identified the problem....

Get prepared to **attack** the problem with the **WEAPON OF FAITH**.

Step 2:

2) MAKE A QUALITY DECISION

Once you have a handle on what the problem is, the next step is to **MAKE A QUALITY DECISION TO OVERCOME IT.**

In other words, **CHOOSE.**

Are you going to choose to continue to **live with that problem and let it defeat you....** or are you going to make a firm, unwavering decision to **overcome it and walk in victory?**

It seems like everything operates by a **DECISION**, and that's even true for your salvation.

- Jesus died on that cross so that you might have the forgiveness of sin and receive eternal life.
- But that will do you no good **UNLESS YOU CHOOSE TO ACCEPT IT.**
- God's not going to make a decision for you.
- He's given us the **FREEDOM OF CHOICE.**

Sometimes people say, "Well, I'm just waiting for God to do what He wants in my life." But God says, "No, I'm waiting for you. Decide."

Do you know that God can't move in many areas of your life, **UNTIL** you make a decision on which way you're going to go?

DEUTERONOMY 30:19

I have set before you life and death, blessings and curses. Now **CHOOSE** life, so that you and your children may live.

Throughout the Word of God..... we can see the importance that God has placed on man making his choice.

2 SAMUEL 24:12

"Go and say to David, 'Thus says the Lord, Three things I offer you. **Choose** one of them, that I may do it to you. "

JOSHUA 24:15

But if it is unpleasing in your sight to serve the LORD, **choose for yourselves** this day whom you will serve, whether the gods your fathers served beyond the Euphrates, or the gods of the Amorites in whose land you are living. **As for me and my house, we will serve the LORD!"**

God was behind Joshua..... God was fighting with Him..... fighting for His Victory over the Promised Land.

Not because He is just the chosen one.

But because He made a choice first!!

- That I don't care you do, what you say....
- Whether you're gonna serve God with me, you're gonna follow me or not.
- But AS FOR MEEE!!!.....I have made my CHOICE!
- I will lead my family to serve the Lord!

THE DIRECTION THAT YOUR LIFE IS MOVING IN IS A DIRECT RESULT OF PAST DECISIONS.

The power of Faith is not going to operate in your life UNTIL you decide you are going to live by faith.

It starts with making a quality decision.

It's not an "OUGHT TO" and it's not a "PROBABLY SHOULD."

- It is a **DETERMINATION THAT "I WILL."**

Before you're going to see victory in your life, you have to make that quality decision that "**I WILL STAND IN FAITH for my needs to be met.**"

You have to make a decision, are you going to live with the problem and let it defeat you or are you going to **MAKE A FIRM, UNWAVERING DECISION TO OVERCOME IT?**

- This is an essential step and it's precisely where many people miss it. They're HALF HEARTED or WISHY-WASHY in their COMMITMENT TO WIN.
- This half-hearted sort of resolve will never move you to the place of VICTORY.

You've got to say:

- "I'm coming out of this situation.
- I'm coming out by the power of God and I'm coming out by the Word.
- I've made my decision and from this point forward, nothing is going to change my mind."

When you've made that kind of quality decision, then, and only then.... are you ready to move on to the next step in God's divine order.

WHEN YOU MAKE THE CHOICE TO OVERCOME BY FAITH.... ALL OF HEAVENS WILL BACK YOU UP.

But nothing will happen....

- Your FAITH would not come to FULFILLMENT,
- Before you make a **DECISION!!**
DECIDEEEE!!

Step 3:

GET YOUR EVIDENCE / TITLE DEED

Our entire system of justice is based on EVIDENCE.

- If you're put on trial, the prosecuting attorney will present evidence against you.

- If he has no evidence against you the case will be thrown out of court.
- Well, the same can be said of your faith in the spiritual court of heaven.

If you're going to **claim that HEALING, PROVISION, PEACE, SAFETY, or some other SPIRITUAL BLESSING belongs to you**, you better have some **EVIDENCE to back it up**.

Many Christians and maybe even most, pray and believe for the things that we just mentioned, they say that it belongs to them, but they don't have a shred of evidence to back up their claim.

The Devil and his crew just laugh and your case gets thrown out of court for a lack of evidence.

Once you've determined that you're going to overcome by the Word of God..... the next step is to go to GOD'S WORD and **FIND A PROMISE** that speaks to your particular situation.

That promise is your LEGAL EVIDENCE to the power and provision of Almighty God.

HEBREWS 11:1 - NOW FAITH IS THE SUBSTANCE OF THINGS HOPED FOR, THE EVIDENCE OF THINGS NOT SEEN.

Most of the time when you are praying, you are asking and believing for a certain thing.

- That thing might be money to pay a bill. It might be for a car you need, or the thing you need is healing.
- Whatever it is, FAITH is the evidence of it.
- You're not going to obtain anything without faith evidence.
- Look what the Bible says - "**FAITH IS THE EVIDENCE OF THINGS NOT SEEN.**"

The unrenewed mind says, "Seeing is believing." Or "I'll believe it when I see it."

But real, **BIBLE FAITH IS THE EVIDENCE that a thing is his, even though he has never seen it.**

- Healing is mine, even though I haven't seen it
- The Permanent Residence is mine, even though I haven't seen it.
- The Husband / life partner is mine, even though I haven't seen it.
- Breakthrough is mine, even though I haven't seen it.

Hebrews 11:1 (AMP) - The Triumphs of Faith

Now faith is the assurance (title deed, confirmation) of things hoped for (divinely guaranteed), and the evidence of things not seen [the conviction of their reality—faith comprehends as fact what cannot be experienced by the physical senses].

That Promise of God is your legal evidence, your "**TITLE DEED**" to the power and provision of Almighty God.

TITLE DEED = a legal deed or document constituting evidence of a right, especially to ownership of property.

There is a TITLE DEED, a CONFIRMATION OF OWNERSHIP to every single ANSWER / NEED. Inside this book, is confirmation of ownership and right to healing, breakthrough, prosperous life, a life of victory in there.

If you need **HEALING**, locate one or more scriptures that tell you healing belongs to you, such as **Isaiah 53:5**.

But He was pierced for our transgressions, He was crushed for our iniquities; the punishment that brought us peace was upon Him, and by His stripes we are healed.

If you feel **DEFEATED**, find and dwell in the Scriptures like **Romans 8:**

31 If God is for us, who can be against us?

37 In all these things we are more than conquerors through him who loved us.

if you always second doubt your **WORTH** and your **VALUE**,

1 Peter 2:9 "But you are a chosen people, a royal priesthood, a holy nation, God's special possession, that you may declare the praises of him who called you out of darkness into his wonderful light."

Psalms 139:14 "I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well"

If you're new to the Bible and don't know how to find specific promises, get a good concordance. It will give you a list of scriptures for every subject you can imagine.

No matter what you're facing today....

- There is a promise in God's Word that addresses your need.
- A promise you can stake your very life on.

1 John 5: 14-15 (NKJV)

Now this is the confidence that we have in Him, that if we ask anything according to His will, He hears us.

And if we know that He hears us, whatever we ask, we know that we have the petitions that we have asked of Him.

THE WRITTEN WORD OF GOD IS ALWAYS THE PERFECT WILL OF GOD.

- HOW DO WE ASK ACCORDING TO HIS WILL - IF WE NEVER READ THE BIBLE, IF WE NEVER LEARN THE WILL OF GOD OVER YOUR LIFE???
- WE WILL NOT SEE THE PROMISE FILLED IF WE DON'T EVEN KNOW WHAT PROMISE WE CAN CLAIM OVER OUR LIVES.

(ROM 10:17) Says that **Faith comes by hearing the Word of God.**

If you have a need in your life:

- go to the Word of God and
- find scripture that promises the answer and
- stand on those promises with unwavering faith.

YOUR FAITH IN WHAT GOD SAYS IN HIS WORD IS THE EVIDENCE THAT THE PROMISE BELONGS TO YOU AND THAT IT IS YOURS.

So far today we have learnt the **3 PRACTICAL STEPS TO OVERCOME IN FAITH**

1 - IDENTIFY THE PROBLEM.

2 - Make a QUALITY DECISION to change.

3 - GET THE EVIDENCE from the Word of God.

Find the promise you need from God's Word.

DISCUSSION QUESTIONS

In which area of your life that you tend to make bad / poor decisions that you need to change?

Which evidence / Word of God are you using to claim that promise?